

Feeling Better Should Be Easy



Visit a doctor on your smartphone, tablet, or computer from virtually anywhere with no out-of-pocket expense.

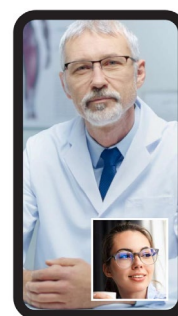
See a doctor in minutes

Get treatment for 90 percent of all common ER complaints, from common colds to uncommon rashes. Plus, connect with a therapist or psychiatrist whenever and wherever you're comfortable.

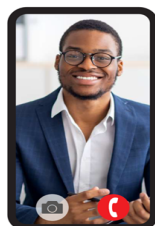
Common conditions include, but not limited to:

Allergies
Cold & Flu
Headache
Pink eye
Sore throat

Bronchitis
Fever
Mental health concerns
Skin conditions
Urinary tract Infection



Mental health coverage includes psychiatry services and medication management along with treatment for psychological conditions, emotional issues and chemical dependency. For more information, call Wellmark with the number on the back of your ID card.



MENTAL HEALTH.* It's a topic many avoid or are timid to discuss. But, according to NAMI.org (National Alliance on Mental Health):

1 in 5 adults live with a mental health condition.

60% aren't receiving the treatment they need.

*Mental health coverage includes psychiatry services and medication management along with treatment for psychological conditions, emotional issues and chemical dependency. Please refer to your coverage manual for complete benefits information.

How much will I pay:

\$0 member cost share for **ALL** HEALTHAlliance benefit plan options, including high-deductible health plans

How much can I save:

Savings range from eliminating an office visit or urgent care copay to several hundreds or even thousands of dollars by avoiding an ER visit

1. Scan the QR code to download the Doctor on Demand app or visit DoctorOnDemand.com/Wellmark
2. Have your Wellmark Blue Cross and Blue Shield member ID card ready.
3. Create an account or sign in to begin your visit.
4. Pick your provider. Select the next available appointment or find the time best for your schedule.

